

# Preventive Medications

UnitedHealthcare SignatureValue™ / SignatureValue™ Advantage  
The J. Paul Getty Trust

## Your plan includes Core Preventive Medication coverage

### Core medications

This list contains drugs meeting the interpretation of the U.S. Department of Treasury's clinical guidance and includes the following therapeutic categories:

- ▶ Anti-estrogen (breast cancer prevention)
- ▶ Anti-coagulant (heart attack, stroke and blood clot prevention)
- ▶ Anti-platelet (stroke prevention)
- ▶ Lipid/Cholesterol Lowering Agents (heart attack and heart disease prevention)
- ▶ Vitamins (birth defect prevention)
- ▶ Antihypertensives (heart disease and stroke prevention)
- ▶ Osteoporosis Therapy (osteoporosis prevention)
- ▶ Multivitamins/Fluoride (tooth decay prevention)
- ▶ Immunosuppressants (organ transplant rejection prevention)

## Money Saving Generics with \$0 Copay

To get the most from your benefits, ask your doctor if there's a generic medication that's right for you. **Generic preventive medications have a \$0 copay** through your pharmacy plan effective 1/1/16. The Food and Drug Administration (FDA) requires generics to be just as safe and effective as brand name drugs.

## Quality Driven and Cost-Conscious PDL

As the pharmacy benefit manager for your UnitedHealthcare® health plan, OptumRx strives to offer you access to a broad choice of medications at a reasonable price.

The Preventive Medication List is a subset of products included within your Prescription Drug List (PDL). A PDL is the listing of medications covered by your health plan.

For a complete copy of your PDL or to check on the cost of a medication, simply:

- ▶ Log in to [www.myuhc.com](http://www.myuhc.com), and select **Visit the Pharmacies & Prescriptions**
- ▶ Call Customer Care at the toll-free member phone number on the back of your health plan ID card
- ▶ Or go to [www.welcometouhc.com/thejpaulgettytrust](http://www.welcometouhc.com/thejpaulgettytrust)

## Proactive Therapy

Preventive medications help protect against or manage a medical condition. They may provide prenatal care, prevent osteoporosis or reduce risk of blood clots, stroke and heart disease.

Taking preventive medications as directed by your doctor can help avoid serious health problems. That may mean fewer doctor visits and hospitalizations, reducing your total health care costs.

### For More Information

If you have questions or would like additional information on the Preventive Medication List, please contact Customer Care at the toll-free member phone number on your health plan ID card.

## Alphabetical Listing – Generic Only Core List

### A

acebutolol  
 Afeditab  
 alendronate  
 amiloride  
 amiloride-  
   hydrochlorothiazide  
 amlodipine  
 amlodipine-benazepril  
 amlodipine-valsartan  
 amlodipine-valsartan-  
   hydrochlorothiazide **E**  
 anastrozole  
 atenolol  
 atenolol-chlorthalidone  
 atorvastatin  
 azathioprine

### B

benazepril  
 benazepril-  
   hydrochlorothiazide  
 betaxolol\*  
 bisoprolol  
 bisoprolol-  
   hydrochlorothiazide  
 bumetanide

### C

calcitonin (salmon)  
 candesartan  
 candesartan-  
   hydrochlorothiazide  
 captopril  
 captopril-  
   hydrochlorothiazide  
 Cartia XT  
 carvedilol  
 chlorothiazide  
 cholestyramine  
 cholestyramine light  
 choline fenofibrate **E**  
 cilostazol  
 clonidine  
 clonidine patch  
 clopidogrel  
 colestipol  
 cyclosporine

### D

Dilt CD  
 Dilt XR  
 Diltia XT  
 diltiazem  
 diltiazem ER  
 Diltzac ER  
 dipyridamole  
 doxazosin

### E

enalapril  
 enalapril-  
   hydrochlorothiazide  
 enoxaparin  
 eplerenone  
 eprosartan  
 etidronate  
 exemestane

### F

felodipine ER  
 fenofibrate 43, 50, 67,  
   130, 134, 150, 200 mg  
   capsule **E**  
 fenofibrate 48, 120,  
   145 mg tablet **E**  
 fenofibrate 54, 160 mg  
   tablet  
 fenofibric acid **E**  
 fluvastatin  
 fondaparinux  
 fosinopril  
 fosinopril-  
   hydrochlorothiazide  
 furosemide

### G

gemfibrozil  
 Gengraf  
 guanfacine

### H

Hecoria  
 heparin  
 hydralazine  
 hydrochlorothiazide

### I

ibandronate  
 indapamide  
 irbesartan  
 irbesartan-  
   hydrochlorothiazide  
 isradipine

### J

Jantoven

### L

labetalol  
 letrozole  
 lisinopril  
 lisinopril-  
   hydrochlorothiazide  
 losartan  
 losartan-  
   hydrochlorothiazide  
 lovastatin

### M

Matzim LA  
 methylothiazide  
 methyldopa  
 methyldopa-  
   hydrochlorothiazide  
 metolazone  
 metoprolol succinate  
 metoprolol tartrate  
 metoprolol-  
   hydrochlorothiazide  
 minoxidil  
 moexipril  
 moexipril-  
   hydrochlorothiazide  
 mycophenolate  
 mycophenolic acid

### N

nadolol  
 nadolol-  
   bendroflumethazide  
 niacin extended-release  
 nicardipine  
 nifedipine  
 nifedipine ER  
 nimodipine  
 nisoldipine

### O

omega-3 acid ethyl esters

### P

Pediatric Flouride  
 Preparations  
 (generic only)  
 perindopril  
 pindolol  
 pravastatin  
 prazosin  
 Prenatal Vitamins  
 (generic only)  
 Prevalite  
 propranolol  
 propranolol-  
   hydrochlorothiazide

### Q

quinapril  
 quinapril-  
   hydrochlorothiazide

### R

raloxifene  
 ramipril  
 reserpine  
 risedronate

### S

simvastatin  
 sirolimus  
 spironolactone  
 spironolactone-  
   hydrochlorothiazide

### T

tacrolimus  
 tamoxifen  
 Taztia XT  
 telmisartan  
 telmisartan-amlodipine **E**  
 telmisartan-  
   hydrochlorothiazide  
 terazosin  
 ticlopidine  
 timolol\*  
 torsemide  
 trandolapril  
 trandolapril-verapamil  
 triamterene-  
   hydrochlorothiazide

### V

valsartan  
 valsartan-  
   hydrochlorothiazide  
 verapamil  
 verapamil ER

### W

warfarin

\*Coverage is provided for oral formulations.

## Listing by Therapeutic Category – Generic Only Core List

### Breast Cancer Prevention

anastrozole  
 exemestane  
 letrozole  
 tamoxifen

### Cardiovascular/Heart Disease - Blood Clot/Platelet Therapy

cilostazol  
 clopidogrel  
 dipyridamole  
 enoxaparin  
 fondaparinux  
 heparin  
 Jantoven  
 ticlopidine  
 warfarin

### Cardiovascular/Heart Disease - High Blood Pressure

acebutolol  
 Afeditab  
 amiloride  
 amiloride-hydrochlorothiazide  
 amlodipine  
 amlodipine-benazepril  
 amlodipine-valsartan  
 amlodipine-valsartan-hydrochlorothiazide **E**  
 atenolol  
 atenolol-chlorthalidone  
 benazepril  
 benazepril-hydrochlorothiazide  
 betaxolol\*  
 bisoprolol  
 bisoprolol-hydrochlorothiazide  
 bumetanide  
 candesartan  
 candesartan-hydrochlorothiazide  
 captopril  
 captopril-hydrochlorothiazide  
 Cartia XT  
 carvedilol  
 chlorothiazide  
 clonidine  
 clonidine patch  
 Dilt CD  
 Dilt XR  
 Diltia XT  
 diltiazem  
 diltiazem ER  
 Diltzac ER  
 doxazosin  
 enalapril  
 enalapril-hydrochlorothiazide  
 eplerenone  
 eprosartan  
 felodipine ER  
 fosinopril

fosinopril-hydrochlorothiazide  
 furosemide  
 guanfacine  
 hydralazine  
 hydrochlorothiazide  
 indapamide  
 irbesartan  
 irbesartan-hydrochlorothiazide  
 isradipine  
 labetalol  
 lisinopril  
 lisinopril-hydrochlorothiazide  
 losartan  
 losartan-hydrochlorothiazide  
 Matzim LA  
 methylothiazide  
 methyldopa  
 methyldopa-hydrochlorothiazide  
 metolazone  
 metoprolol succinate  
 metoprolol tartrate  
 metoprolol-hydrochlorothiazide  
 minoxidil  
 moexipril  
 moexipril-hydrochlorothiazide  
 nadolol  
 nadolol-bendroflumethazide  
 nifedipine  
 nifedipine ER  
 nimodipine  
 nisoldipine  
 perindopril  
 pindolol  
 prazosin  
 propranolol  
 propranolol-hydrochlorothiazide  
 quinapril  
 quinapril-hydrochlorothiazide  
 ramipril  
 reserpine  
 spironolactone  
 spironolactone-hydrochlorothiazide  
 Taztia XT  
 telmisartan  
 telmisartan-amlodipine **E**  
 telmisartan-hydrochlorothiazide  
 terazosin  
 timolol\*  
 torsemide  
 trandolapril  
 trandolapril-verapamil  
 triamterene-hydrochlorothiazide  
 valsartan  
 valsartan-hydrochlorothiazide  
 verapamil  
 verapamil ER

\*Coverage is provided for oral formulations.

## Listing by Therapeutic Category – Generic Only Core List

### Cardiovascular/Heart Disease - High Cholesterol

atorvastatin  
cholestyramine  
cholestyramine light  
choline fenofibrate **E**  
colestipol  
fenofibrate 43, 50, 67, 130, 134, 150, 200 mg capsule **E**  
fenofibrate 48, 120, 145 mg tablet **E**  
fenofibrate 54, 160 mg tablet  
fenofibric acid **E**  
fluvastatin  
gemfibrozil  
lovastatin  
niacin extended-release  
omega-3 acid ethyl esters  
pravastatin  
Prevalite  
simvastatin

### Immunosuppressant - Organ Rejection

azathioprine  
cyclosporine  
Gengraf  
Hecoria  
mycophenolate  
mycophenolic acid  
sirolimus  
tacrolimus

### Musculoskeletal - Osteoporosis

alendronate  
calcitonin (salmon)  
etidronate  
ibandronate  
raloxifene  
risedronate

### Vitamins

Pediatric Fluoride Preparations (Generic Products)  
Prenatal Vitamins (for example: Generic Products)

If you have pharmacy benefit coverage with UnitedHealthcare, you may learn more about your benefit by visiting [myuhc.com](http://myuhc.com)® or by calling the toll-free member phone number on the back of your ID card. If you are not currently enrolled with UnitedHealthcare for pharmacy benefit coverage, you may access [myuhc.com](http://myuhc.com) for additional information during your open enrollment period or you may contact your employer or health plan for additional information.

Medications are categorized by common therapeutic conditions in this reference guide for ease of reference only. These categories do not determine coverage for the medication for your condition. Your benefit plan determines how these medications may be covered for you.

Where differences are noted between this reference guide and your benefit plan documents, the benefit plan documents will govern.

\*Coverage is provided for oral formulations.

Clinical programs such as Notification/Prior Authorization, Step Therapy and Supply Limits may apply to listed medications based off your benefit plan.

This list is intended as a reference and may not be all-inclusive. Brand or generic availability may not be current due to changes in the market. The list will be updated annually.

UnitedHealthcare does not indemnify employers for the application of these preventive medications or specific medications under the benefit plan, and makes no assertions as to the compliance of the medications listed with IRS regulations.

©2016 United HealthCare Services, Inc.

Created February, 2016 For the most current PDL updates, visit [myuhc.com](http://myuhc.com) or call toll-free member phone number on the back of your health plan ID card.

UnitedHealthcare SignatureValue™ / SignatureValue™ Advantage The J. Paul Getty Trust 1/16

